An Opportunity: Is your local grocery, restaurant, school, farmer donating unsold, unused food to your local food pantry instead of dumping in the trash? By diverting 15% of food destined for the dumpster, we could cut the number of food insecure Americans in half.

Info: Food Waste Reduction Alliance
fwra@gmaonline.org

Is your Church promoting September as Hunger Action Month? Lots of great ideas at feedingamerica.org

ISC Hunger Action Fund has available grants for ISC UCC – supported food missions. Contact Margie Lindhorst: mlind@htc.net 618-281-4090

Organizations with numerous food resources serving Illinois

Food for Thought
brought to you by the Illinois South Conference Hunger Action Team

Instead of our usual after lunch candy, today we bring you “food for thought.”

On an empty stomach I can’t _Sing_

What can you do on an empty stomach?
It’s Friday and all your classmates are itching to get the weekend started. Just waiting for that last bell to ring. They’re already making plans – some are going to the movies, some are planning get-togethers. Everyone is doing something different. They’re all thrilled about getting away from school.

But you’re not.

You know when the weekend starts, you won’t be eating free lunch (and maybe breakfast) at school. And since your parents can’t always afford food, you’re worried about what you’ll eat on Saturday and Sunday. Because it might be nothing.

For many of the 22 million kids who eat free or reduced-price meals at school and preschool/daycare, worrying about what they’ll eat on the weekend – when they don’t have access to school meals – is a reality. The Backpack program works with schools to provide those students with pre-packaged bags of healthy, easy-to-prepare food to make sure they have enough to eat on Saturday and Sunday.

Make a child’s heart sing – make your heart sing ... help with your church’s or community’s Backpack Mission. If there isn’t one, contact ISC – UCC Hunger Action Team to learn how to start one today.